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REVIEW



Accounting for flow intermittency in environmental flows design

Vicenc Acuña^{1,2} Vicenc Acuña^{1,2} Vicenc Acuña^{1,2} Anna Maria De Girolamo⁴ 💿 | Michael E. McClain^{5,6} 💿 | Rachel Stubbington⁷ 💿 | Amandine V. Pastor⁸ | Nicolas Lamouroux⁹ | Daniel von Schiller¹⁰ Antoni Munné¹¹ | Thibault Datry⁹

¹Catalan Institute for Water Research (ICRA), Girona, Spain; ²Universitat de Girona (UdG), Girona, Spain; ³Department of Environment, Land and Infrastructure Engineering (DIATI), Politecnico di Torino, Torino, Italy; ⁴Water Research Institute, National Research Council (IRSA, CNR), Bari, Italy; ⁵Department of Water Science and Engineering, IHE Delft Institute for Water Education, Delft, The Netherlands; ⁶Faculty of Civil Engineering and Geosciences, Delft University of Technology, Delft, The Netherlands; ⁷School of Science and Technology, Nottingham Trent University, Nottingham, UK; ⁸Centre for Ecology, Evolution and Environmental Changes (CE3C), Climate Change Impacts, Adaptation and Modelling (CCIAM), Faculdade de Ciências da Universidade de Lisboa, Lisbon, Portugal; ⁹IRSTEA - Lyon, RiverLy Research Unit, Villeurbanne, France; ¹⁰Professor Serra Húnter, Department of Evolutionary Biology, Ecology and Environmental Sciences, Faculty of Biology, University of Barcelona, Barcelona, Spain and ¹¹Catalan Water Agency (ACA), Barcelona, Spain

Correspondence

Dídac Jorda-Capdevila Email: djorda@icra.cat

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Abstract

- 1. River ecosystems world-wide are affected by altered flow regimes, and advanced science and practice of environmental flows have been developed to understand and reduce these impacts. But most environmental flows approaches ignore flow intermittency, which is a natural feature of 30% of the global river network length. Ignoring flow intermittency when setting environmental flows in naturally intermittent rivers might lead to deleterious ecological effects.
- 2. We review evidence of the ecological effects of flow intermittency and provide guidance to incorporate intermittency (non-flow events) into existing methods judged as suitable for application in temporary waterways.
- 3. To better integrate non-flow events into hydrological methods, we propose a suite of new indicators to be used in the range of variability approach. These indicators reflect dry periods and the unpredictable nature of temporary waterways. We develop a predictability index for protecting those species adapted to temporary conditions.
- 4. For hydraulic-habitat models, we find that mesohabitat methods are particularly effective for describing complex habitat dynamics during dry phases. We present an example of the European eel to show the relationship between discharge and non-flow days and wet area, habitat suitability and connectivity.
- 5. We find that existing holistic approaches may be applied to temporary waterways without significant structural alteration to their stepwise frameworks, but new component methods are needed to address flow-related aspects across both flow and non-flow periods of the flow regime.
- 6. Synthesis and applications. Setting environmental flow requirements for temporary waterways requires modification and enhancement of existing approaches and methodologies, most notably the explicit consideration of non-flow events and

greater integration of specific geomorphic, hydrogeologic and hydraulic elements. Temporary waterways are among the freshwater ecosystems most vulnerable to alterations in flow regimes, and they are also under great pressure. The methodological modifications recommended in this paper will aid water managers in protecting key components of temporary flow regimes, thereby preserving their unique ecology and associated services.

KEYWORDS

ecological flows, environmental policy, flow regime, freshwater ecosystems, habitat modelling, socio-ecological systems, temporary waterways, water management

1 | INTRODUCTION

The natural flow regime of streams and rivers is commonly altered by anthropogenic activities, and will be further modified by the interacting effects of climate change and increasing human water demands (Schneider, Laizé, Acreman, & Flörke, 2013), especially in water scarce regions (Gerten et al., 2013; Kummu et al., 2016). Alterations to the flow regime are known to cause deleterious effects on freshwater ecosystem biodiversity, processes and services (Arthington, Bunn, Poff, & Naiman, 2006; Poff, Olden, Merritt, & Pepin, 2007).

Environmental flows (eflows) mitigate the deleterious effects of flow regime alterations (Arthington, Naiman, McClain, & Nilsson, 2010) and have been supported by national and international environmental policies, such as the European Water Framework Directive (Acreman & Ferguson, 2010; European Commission, 2016). Environmental flows describe the quantity, timing and quality of freshwater flows and levels necessary to sustain aquatic ecosystems which, in turn, support human cultures, economies, sustainable livelihoods and well-being (Arthington et al., 2018), while also taking into account sediment transport to preserve river geomorphology downstream and deltas in river mouths (Wohl et al., 2015). Existing methods to design eflows can be broadly differentiated in those based on only natural flow regime components (Acreman et al., 2014), those that also consider habitat conditions (Lamouroux & Jowett, 2005; Stanalker, Lamb, Henriksen, Bovee, & Bartholow, 1995) and those additionally considering socio-economic conditions (King, Brown, & Sabet, 2003; King & Louw, 1998; Richter, Warner, Meyer, & Lutz, 2006).

Around 30% of the global river network length is intermittent (Pekel, Cottam, Gorelick, & Belward, 2016; Schneider et al., 2017), and is also in need of eflows implementation. Intermittency is considered as an extreme flow event in the natural flow regime framework (Poff et al., 1997), and it is a key determinant of biodiversity and ecosystem function in temporary waterways (Acuña, Hunter, & Ruhí, 2017; Leigh & Datry, 2017). However, flow intermittency has been rarely considered in the design of eflows, often due to scarce available data on natural flows (gauging stations are rarely located in temporary waterways) and the complexity of recognizing how the effects of non-flow events on biological communities should be dealt with. Ignoring flow intermittency when setting eflows in these rivers might lead to deleterious ecological effects (Seaman, Watson, Avenant, Joubert, et al., 2016).

Here, we (a) review existing evidence of the ecological effects of flow intermittency on temporary waterways and discuss the likely consequences of its alteration; (b) review current methodological approaches to account for flow intermittency in the design of eflows for temporary waterways; and (c) discuss their limitations and propose modifications to properly account for flow intermittency.

1.1 | Socio-ecological effects of flow intermittency

Flow intermittency can be characterized by its spatial and temporal components; in space, the location and length of the non-flowing sections in the river network, and in time, the duration, frequency, timing and predictability of the non-flow events (Tonkin, Bogan, Bonada, Rios-Touma, & Lytle, 2017). Different combinations of these spatial and temporal components provide a high diversity of temporary waterways typologies (Eng, Wolock, & Dettinger, 2016), to which some species are specifically adapted (Bogan, Boersma, & Lytle, 2015). Beyond the spatial and temporal components, nonflowing sections might be mainly differentiated by the presence of permanent pools and by the severity of conditions in the river bed (temperature and humidity; Bogan et al., 2015; Colls, Timoner, Font, Sabater, & Acuňa, 2019). The specific adaptations of species inhabiting temporary waterways mean that any significant change in, for example, the duration of non-flow events might alter biodiversity and thus ecosystem function (Datry, 2012; Garcia, Gibbins, Pardo, & Batalla, 2017; Jaeger, Olden, & Pelland, 2014). However, little research has explored the relationship between these spatial and temporal components. Only 4% of published studies in peer-reviewed journals on flow intermittency to date have analysed the effects of spatial or temporal components (Colls et al., 2019), restricting our ability to predict the ecological effects of changing flow intermittency patterns in temporary waterways.

Water resources management and climate change are the main drivers altering the spatial and temporal components of flow

intermittency (Döll & Zhang, 2010). Management of water resources can even lead permanent watercourses to become temporary (artificial intermittency) or temporary to become permanent (artificial permanency; Acuña et al., 2017; Döll & Schmied, 2012). Land-use change also influences spatial and temporal variability in intermittency, for example the replacement of pasture by forest can cause shifts from permanent to intermittent flow (Gallart & Llorens, 2004). Observations over recent decades, as well as current global-scale climate change models, indicate changing precipitation and temperature patterns, with an overall increase in the temporal variability and a higher frequency of extreme events such as floods and supra-seasonal droughts (Döll & Schmied, 2012). These changes are leading to longer and more frequent non-flow events, to longer non-flowing river reaches (De Girolamo, Bouraoui, Buffagni, Pappagallo, & Lo Porto, 2017; Garcia, Amengual, Homar, & Zamora, 2017; Pumo, Caracciolo, Viola, & Noto, 2016) and to fundamental shifts from permanent to temporary river flow regimes (Döll & Schmied, 2012).

Knowledge about the ecological consequences of flow intermittency alteration is fragmented (Datry, Larned, & Tockner, 2014). For example, artificial permanency will affect biodiversity, as specialists including rare species may be replaced by competitive generalists (Gehrke & Harris, 2001); lentic and terrestrial species associated with pool and dry phases may be lost; and desiccation-sensitive non-native invasive species may also be favoured (Múrria, Bonada, & Prat, 2008; Poznańska, Kakareko, Krzyżyński, & Kobak, 2013). Although local (alpha) biodiversity may increase with increasing permanence, spatial and temporal regional (gamma) diversity are likely to decline due to reduced hydrological habitat diversity (Larned, Datry, Arscott, & Tockner, 2010). In terms of ecosystem function, losing the characteristic alternation of wet and dry phases in temporary waterways will change their unique 'biogeochemical heartbeat', with pulsed temporal and spatial variations in nutrient and organic matter inputs, instream processing and downstream transport (Acuña, Giorgi, Muñoz, Uehlinger, & Sabater, 2004; Jacobson & Jacobson, 2013; Shumilova et al., 2019).

We believe that although social perception of flow intermittency can be negative (Armstrong, Stedman, Bishop, & Sullivan, 2012; Leigh, Boersma, Galatowitsch, Milner, & Stubbington, 2019), from an ecological perspective, artificial permanency should generally be avoided, in particular where a natural flow regime is a feasible management goal (Acreman et al., 2014). The changes in biodiversity and ecosystem function caused by the alteration of the temporal components of flow intermittency can change delivery of ecosystem services (Jorda-Capdevila & Rodríguez-Labajos, 2016). Although most studies have considered the influence of a minimum flow on human well-being, from the local climate moderation to the generation of a pleasant waterscape (Gopal, 2016), recent work has also recognized the importance of dry river beds, for example as walking trails, migration corridors for shepherds, as a source of medicinal plants and for capturing aestivating catfish (Steward, Schiller, Tockner, Marshall, & Bunn, 2012). Finally, the cultural values of temporary waterways are increasingly acknowledged (Dee et al., 2017), and should also be integrated into flow management practices whenever relevant.

2 | METHODOLOGICAL APPROACHES TO DESIGN EFLOWS IN TEMPORARY WATERWAYS

Due to the lack of approaches accounting for flow intermittency in eflows design, some river basin district authorities have prescribed a minimum flow in order to maintain at least connected pools that preserve refuges for biota during dry periods in overexploited rivers (e.g. Pla Sectorial de Cabals de Manteniment de les conques internes de Catalunya (ACA, 2005)). However, those preventive approaches are often not enough to restore and preserve essential ecosystem aspects in temporary waterways, and additional guidance is needed to incorporate current understanding of flow intermittency into environmental flow assessment methods, also judged as suitable for application in temporary waterways. In this section we provide such guidance.

2.1 | Hydrological methods

Hydrological methods for designing eflows constitute a first level of analysis and the only option when data and time are limited (Arthington, 2012). Hydrological methods have been developed for broad-scale planning (Pastor, Ludwig, Biemans, Hoff, & Kabat, 2013), because they are based on indicators whose reliability is not sensitive to river length. Indeed, they can be applied to any point on a river for which flow data are available. Specifically, and due to the typical absence of data, natural flow regime time series can be derived by combining hydrological impacts with measured flow (i.e. by adding the water abstractions or subtracting point sources discharges to measured flow) or simulated using hydrological models (De Girolamo, Bouraoui, et al., 2017). Widely applied methods include the Montana method (Tennant, 1976), which recommends various levels of eflows based on specified proportions of the mean flow, and flow duration curve analysis (Matthews & Bao, 1991; Petts, 2009), based on the probability that flow in a stream will equal or exceed a particular value. These methods propose a minimum level of streamflow to limit excessive water abstraction, which reduces and alters the aquatic habitat. However, they may not be appropriate for rivers where flow is highly unpredictable and sometimes ceases naturally, especially where habitat degradation comes from the artificial permanency.

The range of variability approach (RVA; Richter, Baumgartner, Powell, & Braun, 1996) provides a comprehensive statistical characterization of ecologically relevant hydrological indicators that represent the duration, frequency, timing and predictability of flows, but also non-flow events, i.e. dry periods. Thus, the RVA assumes that the full range of variability of the flow regime is necessary to preserve river ecosystems (Poff et al., 1997), hence making it more suitable for application in temporary waterways. Moreover, this method can be easily adapted by selecting those indicators that prove to be ecologically influential for temporary waterways (D'Ambrosio, Girolamo, Barca, Ielpo, & Rulli, 2017), and by excluding those with negligible effects.

Here we make a well-argued proposal of indicators, each of them suitable for enhancing a specific ecological function (Table 1), and we illustrate their use based on a study of the Celone River (Italian Peninsula). For many years, the environmental flow in the Celone has been fixed by the river basin district authority in a range defined by the $7\mathrm{Q}_{\mathrm{10}}$ (lowest flow that occurs for seven consecutive days in a 10-year return period) and the Q_{335} (quantile 335 of the flow duration curve). However, this method does not guarantee that flow variability mimics the natural regime, which is one of the fundamental principles of eflows. The goal of using the RVA method and including our modifications is the incorporation of natural dry periods in the simulated environmental flow regimes. Thus, we use a predictability index, as the six-month seasonal predictability of the dry period, designed to protect species adapted to temporary conditions (Gallart et al., 2012; Williams, 2006; Wissinger, Greig, & McIntosch, 2008). Indices based on the number of flow and nonflow months and days provide information about the non-flow phase

and the duration required to maintain the structure of river morphology, riparian cover, habitat and communities (Arscott, Larned, Scarsbrook, & Lambert, 2010; Larned et al., 2010). The monthly flow and the annual minimum flow of 30 and 90 consecutive days are able to describe the transitions from a flowing river to connected pools, disconnected pools and dry river bed, which sustain the life cycle of native species (García-Roger et al., 2011; Poff et al., 1997; Richter, Baumgartner, Braun, & Powell, 1998). Finally, indicators of the magnitude, duration, frequency, timing and rate of change of high flows, already used in permanent rivers, are also included. All indicators are derived from historical daily flows and calculated annually for at least 20 years (considered as a representative time series). To calculate the timing of high flows, we define the previous and next month of the mode (i.e. the month with the highest number of yearly highest flows) as the limits of the suitable period of high flows. For other indicators, we fix the 25th and 75th percentiles as the minimum and maximum values of the range where the designed

TABLE 1 Adaptation of the range of variability approach (RVA) for temporary waterways: a selection of hydrological indicators that represent specific ecological functions

Flow components	Hydrological indicators	Example ecological functions	References
Flow permanence	Relative number of months with flow	Maintains structure of communities, habitat, river morphology and riparian cover	Arscott et al. (2010) and Larned et al. (2010)
Predictability	Six-month seasonal predictability of non-flow period	Protects the development of specialist species	Gallart et al. (2012), Williams (2006) and Wissinger et al. (2008)
Magnitude of annual extreme flow condition	Annual 1-day mean maximum	Creates sites for colonization and supports abundance of invertebrate assemblages	Poff and Zimmerman (2010) and Richter et al. (1998)
	Annual 3-day mean maximum	Structures river channel morphology and physical habitat condition	Richter et al. (1998)
	Annual 7-day mean maximum	Desiccates sensitive aquatic species	Richter et al. (1998)
	Annual 30-day mean minimum	Sustains the life cycle of native species, by causing anaerobic stress in plants and invertebrate assemblage richness, by ensuring transition from connected to disconnected pools	Bunn and Arthington (2002), Poff et al. (2010) and Richter et al. (1998)
	Annual 90-day mean minimum	Controls the duration of stressful conditions such as low oxygen and high chemical concentrations; promotes transition from riffle to connected pools, which enhances the abundance of aquatic fauna	García-Roger et al. (2011), Poff et al. (1997) and Richter et al. (1998)
Magnitude of flow on monthly basis	Average monthly flow	Maintains species diversity and abundance and prevents establishment of non-native species	Konrad, Brasher, and May (2008)
Duration and timing of extreme condition	Non-flow days duration, Julian date of maximum, high pulse duration	Prevents non-native species, which are less tolerant to the absence of flow, from becoming dominant	Poff and Ward (1989)
Frequency	High pulse count	Regulates community structure and promotes population persistency	Richter et al. (1998)
Rate of change	Flashiness index	Prevents non-native species, less tolerant to flash floods than tolerant and traps organisms in islands	Baker, Richards, Loftus, and Kramer (2004), Konrad et al. (2008), Petts (1984) and Richter et al. (1998)

environmental flow regime should be established. Percentiles here are more suitable than using ± 1 SD from the mean because data may not be normally distributed and their covariance may be high.

Once all indicators are calculated, and as in the current RVA method, the procedure is monitored and revised based on biological data, such as those describing bioindicators used to assess ecological status in the Water Framework Directive (i.e. macroinvertebrates, fish, diatoms and macrophytes; Belmar, Vila-Martínez, Ibáñez, & Caiola, 2018). This is done in a process of successive approximations able to identify relationships between biota and flow regime. At this stage, reference values need to be carefully defined in temporary waterways according to the hydrological regimes. Then, the environmental flow designers select a range of ecologically acceptable variability of each indicator, such as is done in the Ecological Limits of Hydrological Alteration (ELOHA) framework (Poff et al., 2010).

The particular assessment in the Celone River was performed downstream of a reservoir, and each indicator was calculated by using simulated streamflow data obtained from a hydrological model, and measured streamflow under current conditions in the impacted reach (De Girolamo, Barca, Pappagallo, & Lo Porto, 2017; De Girolamo, Bouraoui, et al., 2017). Results from our adapted methodology show that a new environmental flow regime for the Celone River should include a non-flow period from June to October and 2–5 high flow pulses between February and April (Figure 1).

2.2 | Hydraulic-habitat models

Hydraulic-habitat models complement hydrological methods by incorporating flow-dependent ecological data, such as the occurrence of wetted areas and the connectivity between them, the local hydraulic-habitat conditions of water depth and flow velocity, the presence of ecological refuges. The premise underlying hydraulichabitat models is that biotic communities in rivers are limited by hydraulic-habitat availability. Thus, these models simulate spatial and temporal variability in physical habitat characteristics, such as depth, velocity and substrate composition, which in turn are used to predict taxonomic occurrence and abundance (Ahmadi-Nedushan et al., 2006; Heggenes & Wollebaek, 2013). The most commonly used hydraulic-habitat models, such as PHABSIM (Bovee, 1982) and CASiMiR (Jorde, Chneider, Peter, & Zöllner, 2001), work at the microhabitat scale, referring to a single point (or river element) that is evaluated to determine its suitability as hydraulic habitat.

Although hydraulic models have been used for characterizing habitats during flowing phases and for managing low flows by



FIGURE 1 Indicator selection for the adaptation of the range of variability approach method to temporary waterways applied in the Celone River (Italian Peninsula). Lines show 5th and 95th percentiles, boxes show 25th and 75th percentiles and dots show the median values higher than zero. For the timing of high flows, the dot corresponds to the mode and the box includes the previous and upcoming months and shows the period in which high flows should be released

FIGURE 2 Application of the meso-scale hydraulic-habitat model (MesoHABSIM) to the Gaià River (Iberian Peninsula). We show here basic information for the studied reach (a) and the wet area and habitat suitability for the key specie European eel Anguilla anguilla in its juvenile life stage under different levels of flow discharge and non-flow days (b)



River mouth in 8.2 km

maintaining isolated pools in temporary waterways (Theodoropoulos et al., 2019), they are unreliable for flow rates near zero and evidently do not describe non-flow periods. Coupled groundwater-surface water physical models are more appropriate but are still uncertain when flow is near zero (Seaman, Watson, Avenant, Joubert, et al., 2016). During non-flow periods, habitat characteristics other than local hydraulics are more important for biota, such as the connectivity and distance among wetted areas, river planforms and morphology and water temperature and quality in disconnected pools (Gordon, McMahon, Finlayson, Gippel, & Nathan, 2004). Therefore, dynamics of these habitats are particularly important to describe. When flow decreases to zero, the aquatic habitat is reduced not instantly but gradually. This implies that, despite the non-flow conditions, water can remain stagnant in pools for a few days or for a longer period of time. The wetted area of the river, as well as the habitat availability in non-flow conditions, is then reduced according to the time since flow ceased at a rate that depends on the geomorphology of the river stretch, the groundwater level, the soil humidity and the weather conditions.

Mesohabitat methods, based on field surveys of habitat configurations on various occasions, are particularly effective for describing complex habitat dynamics during non-flow periods (Belletti et al., 2017; Parasiewicz et al., 2013). A first attempt to explore how habitat changes when water flows cease was carried out in the Gaià River (Iberian Peninsula) during both flow and non-flow phases (Figure 2a). This provided detailed data on morphological (planforms, surface and connectivity of wetted areas), hydrological (streamflow time series, water depth and flow velocity patterns), vegetation (distribution and type), cover (refuges availability for biota) and sediment (size, patches, embeddedness) properties of the river (Belletti et al., 2017). After segmenting the river into homogeneous hydromorphological reaches, multiple, stage-dependent surveys of geomorphological units provided basic maps for the characterization of mesohabitats (Figure 2b), which were used to calculate spatio-temporal variation in habitat availability. These data were used to draw curves that represent the relationship between discharge and zero-flow days and wet area (Figure 3a), habitat suitability for key species (Figure 3b)

and connectivity (Figure 3c). The level of each variable can also be represented as a percentage of its maximum level.

As an example, a native fish species (European eel) was used as an ecological target, although macroinvertebrates could be also targeted (Parasiewicz et al., 2013; Vezza, Ghia, & Fea, 2015). Rating curves were developed between flow and habitat, allowing to estimate habitat availability for fish species in space (% of channel area) during both flow and non-flow phases. Lastly, habitat time series (Milhous, Bartholow, Updike, & Moss, 1990) represented how physical habitat changes through time to identify deviation in habitat availability between reference and altered conditions. Increasing duration and frequency of flow events below minimum habitat thresholds may create catastrophically low habitat quantity for aquatic organisms. Several examples have been reported on frequency analysis of habitat (under-threshold) events, investigating current and future stress conditions that are created by persistent limitations in habitat availability (Parasiewicz et al., 2013; Vezza, Muñoz-Mas, Martinez-Capel, & Mouton, 2015).

Environmental flows design should avoid these habitat bottlenecks and meso-scale habitat models can be used to simulate possible future scenarios and select the most appropriate one. This approach represents a feasible solution for different river morphological types (Belletti et al., 2017) and has been proven robust and quite universal (Parasiewicz et al., 2013). The combination of habitat-flow rating curve, habitat-time rating curve and habitat time series is an extension of meso-scale habitat models for application in temporary waterways, and can simulate habitat availability in current and future river flow and morphological conditions. Results from hydraulic-habitat models may then be used to calibrate hydrological methods by providing ecologically meaningful data.

2.3 | Holistic methods

Holistic approaches use stepwise structured frameworks that collect, analyse and integrate data and knowledge to recommend flow levels to meet specific objectives (Acreman & Dunbar, 2004). By



(b) Weighted usable area for Anguilla anguilla (m²)



(c) Connectivity (m)



FIGURE 3 Adaptation of the hydraulic-mesohabitat models to temporary waterways by including the zero-flow-days axis in the graphs relating wet area (a), weighted usable area for key species (b) and connectivity (c) to flow discharge. Results shown are from the Gaià River (Iberian Peninsula), where the selected key species is European eel *Anguilla anguilla*

design, they include stakeholder engagement and adjustment of results through negotiation and consensus building, and thus require considerable time to overcome difficulties in their implementation. Widely applied basin-scale approaches like the Downstream Response to Imposed Flow Transformation (DRIFT; King, Beuster, Brown, & Joubert, 2014; King et al., 2003) and ELOHA (Poff et al., 2010) produce results showing the response of river systems to varying degrees of flow regime alteration, through plausible resource development scenarios. By including stepwise guidance on data and knowledge needs, they generally do not prescribe specific analytical methods to fill each data requirement. This makes holistic approaches flexible enough to be applied across a wide range of socioecological and biophysical conditions. Holistic approaches may thus incorporate the modified hydrological and hydraulic-habitat methods described above, or expert knowledge in the absence of empirical data.

To date, at least two published studies have applied holistic approaches in temporary waterways (Godinho, Costa, Pinheiro, Reis, & Pinheiro, 2014; Seaman, Watson, Avenant, King, et al., 2016). The first is a generic framework applied in the São Pedro. Brenhas and Amoreiras Rivers (Iberian Peninsula; Godinho et al., 2014). It lays out a series of steps that enable the integration of hydrological, hydraulic rating, habitat simulation and other methods in the formulation of environmental flow regimes to meet the biotic, hydromorphological and water quality criteria of the European Water Framework Directive. The second was applied to the Mokolo River (Southern Africa), which flows for 72%-87% of the year (Seaman, Watson, Avenant, King, et al., 2016). The DRIFT-ARID approach recognizes the need to represent periods of unmeasurable surface flow when groundwater dynamics become controlling. An integrated groundwater-surface water model simulates daily groundwater depth, groundwater flow beneath the river and net groundwater baseflow to the river (Prucha et al., 2016). Onset dates of non-flow and flowing periods are also new indicators that quantify the duration of unmeasurable surface flows.

As these examples demonstrate, existing holistic approaches may be applied to temporary waterways without significant structural alteration to their stepwise frameworks, but new component methods are needed to address flow-related aspects across both flow and nonflow periods of the flow regime. Key lessons learned from these experiences include the need for (a) improved knowledge of flow-ecology relationships in temporary waterways; (b) delineation of different types of temporary waterways; (c) increased terrestrial (e.g. soil science) and socio-economic knowledge in assessment teams to properly consider processes and interactions distinct from those in perennial rivers (Arce et al., 2019); (d) incorporation of examples of desiccation-resistant biota such as aestivating fish (Polacik & Podrabsky, 2015), seed and egg banks (Brock, Nielsen, Shiel, Green, & Langley, 2003; Rogers, 2014) and terrestrial species that use the river bed during non-flow conditions (Steward et al., 2011); and (e) special emphasis on those non-flow ecological processes providing services with socio-economic value to human communities. Regarding the first point, knowledge has grown considerably in recent years (Datry, Bonada, & Boulton, 2017), thus facilitating the implementation of holistic approaches in temporary waterways whenever planned.

Holistic approaches also emphasize the socio-economic aspects of resource protection for environmental flow assessment. Developed to incorporate socio-economic knowledge into environmental management, the ecosystem services concept may account for the value that a designed environmental flow regime provides to human well-being (Jorda-Capdevila & Rodríguez-Labajos, 2016). The unpredictable character of temporary waterways and the distinction among phases provide additional values not accounted for in permanent rivers (Steward et al., 2012), such as the use of the dry river bed for cultural activities or the corridor for mammals appreciated by hunters (Sánchez-Montoya, Moleón, Sánchez-Zapata, & Tockner, 2016), but also interrupts the service provision—temporally and spatially—and complicates its evaluation (Koundouri, Boulton, Datry, & Souliotis, 2017).

The ecosystem services concept may improve inter-stakeholder dialogue, as synergies and trade-offs are easily identified (Jorda-Capdevila & Rodríguez-Labajos, 2015; Pahl-Wostl et al., 2013). Considering ecosystem services is especially recommended when flow regimes need to be designed for modified and managed rivers (Acreman et al., 2014). Thus, new frameworks that incorporate service provision within environmental flow assessment should not only account for their values but also for power asymmetries to foster environmental justice (Gopal, 2016; Jorda-Capdevila & Rodríguez-Labajos, 2017). The Sustainable Management of Hydrological Alteration framework (Pahl-Wostl et al., 2013), built on ELOHA, incorporates desirable ecosystem service goals that require negotiation in participatory settings. However, example applications of holistic methods that incorporate ecosystem services valuation are still missing. Finally, although not yet widely classified as water bodies protected by water policies, calls for greater attention to temporary waterways (Acuña et al., 2014; Marshall et al., 2018; Nikolaidis et al., 2013) encourage holistic approaches to incorporate policy considerations in the design and implementation of eflows.

3 | CONCLUSIONS

First, the main obstacle in the assessment and implementation of eflows in temporary waterways is the lack of hydrological data as well as of knowledge on the ecological effects of hydrological variability. Moreover, the study of flow intermittency by social and economic disciplines remains in its infancy.

Second, as revealed by actual applications, the habitat description of temporary waterways needs to combine specific hydrological variables (e.g. duration and timing of flow intermittency) and specific geomorphic/hydrogeologic/hydraulic elements (e.g. pool persistence and connectivity dynamics). In fact, the hydrology of temporary waterways should be precisely characterized to recognize their spatial and temporal variability. Hydrological methods can easily adapt to such variability and be implemented in any reservoir throughout a basin. However, hydrological data are typically unavailable, so models can rarely by applied to simulate both non-regulated and regulated conditions. This difficulty reinforces other approaches based on scenario comparisons, which focus on social and ecological objectives beyond natural conditions, and hence need to encompass elements other than hydrology. Third, geomorphic and hydraulic elements (e.g. pool persistence and connectivity dynamics) describe the habitats that environmental flow designers aim to protect. Thus, hydraulic-habitat models relate geomorphic and hydraulic features in specific reaches to the flow regime and pursue flow objectives that target specific aquatic species, including those that have a terrestrial stage. However, for temporary waterways, such elements depend not only on the flow regime, but also on the time after the stream dries out, a variable that we identified as vital to incorporate for any eflows assessment. The analysis can be easily extended to life stages of various species that can be used as Indicators within hydraulic-habitat models developed for temporary waterways. Additionally, knowledge of groundwater levels and their influence on the maintenance of locally connected or disconnected pools in surface waters becomes key to correctly manage suitable eflows in temporary waterways.

Fourth, management objectives for the implementation of eflows should also include socio-economic perspectives (e.g. an ecosystem services-based approach). This means that managers should engage local stakeholders and balance a range of perspectives to adequately address eflows in temporary waterways. In this sense, holistic approaches are appropriate, since they include multiple type of variables and recall expert knowledge in situations with high uncertainty.

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AUTHORS' CONTRIBUTIONS

All authors approved the final version to be published, and all questions related to the accuracy or integrity of any part of the authors' work have been appropriately investigated and resolved. Note that we followed the CrediT system (https://casrai.org/ credit/) and key references on the topic (Frassl et al., 2018; Hunt, 1991). The CrediT has been used as system to evaluate individual contributions to the paper (see details in Table S1), which identified those meeting authorship criteria, as well as the order of the listed authors. In sum, V.A. conceived the ideas, coordinated the co-authors and led the Socio-ecological effects of flow intermittency section; D.J.-C. also coordinated the co-authors, and led the submission process and the design of figures; P.V. led the

Hydraulic-habitat models section; A.M.D.G. led the Hydrological methods section; M.E.M. led the Holistic methods section and did the English proofreading; R.S. also proofread the article and made multiple small contributions throughout the article, as well as A.V.P., N.L., D.v.S. and A.M.; T.D. did an exhaustive revision of the article, pushed the work forward and organized the meeting in which this work started.

DATA AVAILABILITY STATEMENT

Data about the Celone River case study are available via Mendeley Data https://doi.org/10.17632/ytsy2yck5g.1 (De Girolamo, 2020). Data about the Gaià River case study are available via Mendeley Data https://doi.org/10.17632/7svhmvpxrs.1 (Vezza, 2020).

ORCID

Vicenç Acuña D https://orcid.org/0000-0002-4485-6703 Dídac Jorda-Capdevila https://orcid.org/0000-0002-5670-829X Paolo Vezza D https://orcid.org/0000-0002-6784-8036 Anna Maria De Girolamo https://orcid.org/0000-0001-5605-6239 Michael E. McClain https://orcid.org/0000-0003-2956-9818 Rachel Stubbington https://orcid.org/0000-0001-8475-5109 Amandine V. Pastor D https://orcid.org/0000-0003-4526-7705 Daniel von Schiller https://orcid.org/0000-0002-9493-3244 Thibault Datry D https://orcid.org/0000-0003-1390-6736

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

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